Sally Penni:

Hello and welcome to Talking Law, the podcast where you can hear barristers, judges, solicitors, managing partners and more, talk about their lives and careers.

I'm Dr Sally Penni, MBE, I'm a barrister at Kenworthy's Chambers in Manchester, the Joint Vice Chair of Association of Women Barristers and founder of Women in the Law UK.

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Before you meet today's guests, a reminder that tickets for the Women in the Law UK Annual Dinner and Conference in Manchester this November are on sale now. Please visit womeninthelawuk.com for more details.

I'd also love you to watch my recent Ted Talk, where I discuss whether love can conquer hate. Please head toTed.com and search for Sally Penni.

Today I'm Talking Law with Alice Stephenson, the CEO & Founder of Stephenson Law, an award-winning legal services provider who says they on a mission to challenge the old-guard of the legal profession.

I asked Alice about her journey from becoming a solicitor to setting up her own law firm, with a few pregnancies along the way!

Alice Stephenson:

I mean, there's actually three pregnancies because I have three children but the first pregnancy was when I was only 18 and still at school. And that kind of obviously set me off on a slightly different path. Although at the time I didn't really know what I wanted to do. I mean, I could, I could spend the whole podcast just talking about that period in my life and obviously that's not why I'm here, but after having my daughter, I really wanted to go to university. I didn't do amazingly my A-levels because I was seven months pregnant when I took them and things were pretty challenging at the time from a personal perspective. So I was quite limited in what I could do university wise-and also, I, I didn't want to move, I didn't want to relocate.

So I found a course at the university that was closest to me, which was Sociology and HR Management, which was actually worked quite well because it you know, the hours weren't too bad, it wasn't too intense. And I did that for four years and then I went into a career in HR management and I did that for a couple of years and it was fine, but I didn't really feel excited about what I was doing. I could do it, but it wasn't, you know, it, wasn't my reason for getting out of bed every morning. Yeah. So I decided that I wanted to go into law and I don't really know why I made that decision to be honest. I think, my dad is a solicitor and I think for a long time that actually put me off going into the profession <laugh> but I think, I just thought that it would be more of a challenge for me than, than the career that I had at the time.

And also I was very focused on, you know, building a really sort of stable future for my, for me and my daughter as well. And I thought law would be able to give that to me. So I went back to uni and did the the GDL and the LPC. I was really fortunate to get a training contract that sponsored me. And then after I finished, I went and did my, did my training contract with what was Bompierce in Bristol. And then at the time of qualification the 2009, basically the, the recession happened and it was a terrible job market, terrible time to qualify. Yeah. And it was a real challenge to find anything, but I managed to find something I couldn't stay where I was, but I found a commercial solicitor role in another firm. And I kind

of moved around a little bit, tried a few different things all within the kind of corporate and commercial technology kind of area.

And after doing that for about three years, I just got really frustrated and really just really, I suppose, disenchanted with the legal profession at this time, I'd had another child. I had my second child when I was training. Yes. And I just kind of felt a bit like I was always a second class citizen in the law firms that I was working at. Yeah. And I decided that I was gonna leave law altogether actually. I couldn't see myself progressing. I didn't want to be a partner. And I just didn't see how I was going to have a future within the legal industry. So I decided I made the decision that I was gonna leave. I quit my job and I left and I had a couple of months off. I know, dramatic. Right. I like properly decided. But then <laugh>, I can't think of anything else too.

<Laugh> Yeah. I couldn't think of anything else that I wanted to do. And at the same time I was offered some freelancing sort of opportunities as a lawyer and I decided, 'well, what's the worst that can happen. Let's I might as well do that. And then, you know, I'll keep thinking about what else I can do'.

So I did that and I actually ended up doing that for three years.

Working, watched much more in house with in house legal teams. Yeah. Which gave me a really different perspective because you're kind of working on the, the client side. And I did that for three years and then I had my third child and I knew that I didn't want to go back to doing that because again, I didn't feel like I was really going anywhere. My career wasn't progressing. It wasn't really fulfilling me or challenging me. So I decided I just start my law firm. So that's what I did.

Sally Penni:

Wow. Let's just pause on that for a moment. Because I have another friend who was going to leave law and then she became judge a, a judge and followed the process. And it's the circuit judge now in some respects that that's a hard route, but not as hard as setting up your own law firm and then being successful because that takes some guts, doesn't it? It's not just the desire to set up and, you know, and have your name on the letters. Is it?

Who inspired you? How did you get your head around funding recruiting, compliance? Because the entrepreneurial route is very different. Isn't it? To having been an employed solicitor or indeed being in house or freelance consultant and so on and so forth?

Alice Stephenson:

Yeah, definitely. I mean, I think there wasn't anyone that really inspired me to set up my own law firm. Cause I didn't know anybody who had done it. And there was very little resources and support available for somebody that wants to start a law firm. My husband at the time was an entrepreneur and I think, you know, I was inspired by him, definitely having seen him set up his own business. And I kind of just, I mean, I had just had a baby, so I exp ect the pregnancy hormones were messing with me slightly. I just thought 'I'll figure it out'.

Sally Penni:

Yes.

Alice Stephenson:

And, and that's what I did. I just kind of thought I, at the time it honestly felt like it was really the only option for me. It was the only idea I had of what, what I could do that I thought I would be able to do.

And that would make me happy. I didn't want to stay in law doing anything else. And there wasn't anything outside of law that I wanted to do. So it really was for me, like just only planning

Sally Penni:

Well and it is really impressive that you have done so, but one of the things that you've done and perhaps might be considered slightly unusual is that you've embraced social media. In fact, as part of this research, I noticed you commented in an article somewhere about how important social media was to the firm. And, you know, you are on all the platforms, and you are quite authentic in the things you're talking about. The subject matters from holidays to the difficulties of being, you know, working mom the difficulties of deciding when to take a holiday or otherwise, and actually just a business of law.

When did you decide not to be all stuffy about it and say, 'well, I need to embrace social media. It's there. And it's a tool'. Was that a conscious decision or did it happen really by accident?

Alice Stephenson:

It wasn't a conscious decision to be honest, I think up until, up until about March 2020, I was a bit of a dabbler on LinkedIn. Really. I didn't have an Instagram account. I'd kind of occasionally make an odd post and it would, it would generally do quite well, but I didn't really pay it much attention to be honest. There was no sort of transition from sort of being stuffy to not stuffy cause I'd never been a stuffy lawyer. And that's one of the reasons why I don't think I ever fitted in anywhere that I'd worked before. Yeah. And then when the pandemic hit a couple of years ago, obviously I kind of had two weeks of devastating despair when I thought that my business was going to collapse. And then after I'd kind of picked myself up the floor up off of the floor, I was like, well, you know, what can I do?

Alice Stephenson:

How am I going to make sure that that this is okay and obviously everything had gone online. So I decided to basically start embracing LinkedIn and what it had to offer and I'd come across somebody who I really admired on LinkedIn called Leah Turner who had just sort of started offering coaching services. And she was looking for some Guinea pigs and I put myself forward for that. And I had a session with her and it really opened my eyes to the power of LinkedIn. It had never occurred to me to kind of understand how the algorithm works and to think about what time of day you post and, and all of the, kind of the tips and tricks that you can use on LinkedIn to, to kind of get your yourself out there even more. And then I just started posting and I've never been short of things to say I've always got opinions. And I just started, started putting them on there and I was absolutely blown away by the response to be honest, because I never realized quite to the extent that so many people felt the same way as that I, as I do.

Sally Penni:

It's wonderful to read your post because we, we all relate to them. And I remember there was a post where you were talking about giving tips. I think somebody had asked you about, you know, tips in setting up your business and then the increase in your turnover. Then there was a tip about, you know, how to advise for juggling a busy career with young children. And I, I love those because number one in there was don't thrive for perfection which, you know, so important, but one of the things - you don't talk about it as much now, but I notice that the people talk about it - is the fact that you've got tattoos.

Sally Penni:

You are quite happy for instance, in your photograph, you're wearing a vest and your tattoos are on show. They look great. They're part of you and they're part of your look, but why are you so open about it? And when did you decide to be open about it?

Alice Stephenson:

I think it was probably when I started Stephenson Law, because up until that point, I mean, I mean up until that point, when I was working in private practice I was very much expected to cover my tattoos and I didn't have as many as I had now, so they could all be covered. And then when I started my own law firm, initially I started covering them up. And then I just kind of thought one day, like, 'why am I doing this? I don't want to cover them up. I didn't want to wear long sleeves in the summer and I didn't want to feel self-conscious about them. So I made a conscious decision that I was not going to cover them up anymore. And the response again, really surprised me.

Alice Stephenson:

My client - they, they were really happy about it. They were like, oh my God, I can't believe that you've got so many tattoos. That's really cool. I've never met a lawyer with tattoos before. It was a really good talking point actually. And, and I just struck me that it's actually a really good way to set myself apart from other lawyers and from other law firms, it makes me more memorable. It makes me stand out and yes, it might put some people off working with me, but then that's not the type of person that I want to work with anyway. Yeah. So the, the response was really, really good. One of my clients even said, I mean, obviously I can't imagine that this was true, but he actually said to me that it was on his bucket list to work with a, a tattooed lawyer <laugh> so it was really funny.

Alice Stephenson:

So I think initially there was quite a lot of surprise now, everybody knows, and I, you know, I don't get those reactions anymore. You know, I have had more tattoos since I started with my firm. And about a year ago, I actually got my hand tattooed, which was for me quite a big step because obviously that's something that I can never cover. That's now part of me. But that for me really was the point at which I was, you know, very much committed to just being me and, and not being anybody else for anybody else. And, and that's why I made that decision.

Sally Penni:

Fantastic. Well, Alice let me ask you this then I, I, I guess the pandemic has had a huge effect on all of us including young people. I'm wondering about how people feel about entering law and their careers in law. And I wondered if you might have three simple tips for somebody wanting to enter law. You know, as we record this it's 20, 22.

Alice Stephenson:

Before the pandemic, my advice to people entering law was always to keep an open mind. And I don't think that the pandemic has changed this at all. I think, you know, my experience of legal training and, and I don't think this is massively changed is - is that you are kind of, you are put on this sort of path, this very conventional path where you're going to get a training contract and you're going to work at certain type of firm. And, and this is what your career's going to look like. And there are so many different options out there.

Sally Penni:

Yes.

Alice Stephenson:

So I, I think it's really important that you don't sort of put yourself in a box right, at the very beginning of your career. And that you actually look at all the different legal careers, because even, you know, nowadays it's not all about becoming a solicitor or becoming a barrister. There's a whole range of, of different options out there. So, do your research, don't rely on somebody to tell you what they are because they, they probably won't. I think finding the right firm is obviously super, super important and something that I never really managed to do. And I think now we're in a place where hybrid working, or even just like my firm and remote working is more prevalent. I think it's really important that you find a firm that you can see yourself. It's not just a one-way recruitment process. You need to find somewhere that's going to support you. That's going to invest in you. That's going to look after you. It's particularly challenging supervising trainees and junior lawyers remotely. So you need to understand how firms are, are doing that. If they are working remotely to make sure that you're still going to be given, you know, good quality interesting work would say, and thirdly, what would I say, thirdly? Hmm.

Alice Stephenson:

I would say, start building your network right at the beginning, right. At law school, you know, get yourself on LinkedIn and connect with everybody that you meet, because it's never too early to build your network. I wish that I had started earlier. But that would definitely be my third, third piece of advice.

Sally Penni:

Fantastic. And then the MBA you know, not just an MBA or a short, not just a short course, but you know, an executive course. Cool. <laugh>

Alice Stephenson:

What was I thinking, Sally?

Sally Penni:

<Laugh>? I was thinking I'm writing unicorn books and legal books. You're you are actually doing the real stuff, but it's important because I love learning and I've always had a love of learning and continuing one's educations somehow. And so I was just really impressed that you clearly were following the same line, but, you know, one often has sort of the desire to do stuff. And then the willpower is another thing and, you know, you've, you've got both of it. So I was interested to see why you felt you had to do it or why you wanted to do it, particularly in those difficult, you know, difficult circumstances, I suppose.

Alice Stephenson:

Yeah. Well, I think, you know, I, I don't practice law anymore. My job is running my business and I want to do that as well as I possibly can. And as lawyers, we're not trained to run businesses. So I, I think, you know, whilst I had been doing pretty well, getting my business to where it was, I, I guess that was an element of me that always felt like I was just making up as I was going along a bit of imposter syndrome in there. And, and I've always been somebody that's that loves learning like you Sally. So I decided to do the MBA just because I really, you know, it's really important to me that I'm doing a good job as good as job as I can with running my business and growing my business. And I knew that I had an awful lot to

learn about doing that. So doing the MBA just felt to me like the best way that I was going to be able to do that.

Sally Penni:

Yes. And, and if I may say, so I've said this before, and I've given keynote speeches when asked one of the ways for me to deal with my own imposter syndrome, or certainly used to be, was knowledge. You know, if I'm the person who knows the most in the room, I feel more confident because I've, you know, done the homework. And I, I wondered if there was a some, an element of that for you as well, actually, because we're not taught the business of law. Are we, so, you know, something like that, no, an exec MBA does that. And and it can only improve your business.

Alice Stephenson:

Yeah, absolutely. On the one hand, you know, it can be quite reassuring when I'm sitting in a financial accounting class and I understand everything that they're talking about and I think, oh, actually, do you know what? I'm not a complete idiot when it comes to this stuff. I do. I, I do know what, what all of this means. And then there are other classes where I'm like, 'this is, this is completely blowing me away. This is not something that I would've ever thought about. This is going to, you know, really help me to run my business'. So there's a bit, there's definitely a bit of both. But it is really interesting and really rewarding.

Sally Penni:

Absolutely. A hard

Alice Stephenson:

Work.

Sally Penni:

Well, yeah, I can, I can imagine. And with, you know, I know your daughter's gone off traveling, hasn't she on the there, so you've still got, you know, you are a working mom full on and studying. I have every respect for you.

So what do you do for your wellbeing? Because, you know, I list the truth is law is long hours and burnout is just around the corner. And whilst we talk a lot about wellbeing and mental health we have to actually work at it. So I wonder, what do you do for your wellbeing and to ensure you don't burn out and to ensure you are having family time, you know, with your children and your husband, as well as running the business. And I I'm asking so that maybe I can take some tips from you or those who might be listening as well because our sector, I think we have to admit we're not brilliant at it because we've got long deadlines and long working hours.

Alice Stephenson:

Mm I, yeah. I mean, it is, I would say it's a kind of, it's an ongoing thing. It's something that I'm not always very good at. And then sometimes I'm, I'm better at it than other times, but I think having started my own business, it really forced me to develop the skills to look after myself because if I'm not functioning well, then my business is not going to function well. So when I started my business, I made some pretty drastic lifestyle changes. I stopped drinking alcohol. I wow. Changed to, I know I changed a plant based diet. And I have always been quite an enthusiastic gym person as well. So exercise has always been very important to me. Sometimes it doesn't work out and, and life gets in the way, but generally I always come back to keeping myself fit and healthy.

And that helps both my physical and my mental health. I'm really strict with my sleep. I go to bed at nine o'clock every night. I leave my phone downstairs. That's absolutely my time to switch off. And very little will get in the way of that. I've got a little dog, I think she's really good for my mental health. Yeah. She, you know, apart from the fact that, you know, I have to get out and walk her every day she's just, you know, she's just lovely called her my little emotional support dog sometimes. And I think it's just really important to just have a support network around you as well. I couldn't do what I do without my husband. He at the time I started Stevenson law, he was running a business and when Stevenson law started to really take off we decided to sell his business because running two businesses in one family was just ridiculous. Yes. So he actually took a step back from his career so that he could be around more for the children. And I was able to really concentrate on my business. So, you know, sometimes you have to have those difficult conversations with, with your partner so that you can make sure that, that everything is, is sort of being picked up by somebody and that's, and that's worked out really well for us.

Sally Penni:

Yes. Well, can I ask you then, do you think, and I hate this question. I'm often asked it because I don't think we ask men the same question, but do you think women can have it all, whatever that all is. And by that, I'm simply saying, do you think we can run a business and actually look after our family as well, and our husbands and dogs and the wider family. Do you think we can do that, but we have to accept that we can't be perfectionist. And we can't, we have to accept that we may drop a few balls and we are juggling, or do you think we can have it all?

Alice Stephenson:

Yeah, it depends what all is, doesn't it, because for me, I do feel like I have it all. I've got a great business, I've got a great family. And you know, for me, I D you know, there is nothing missing, but, you know, somebody else in my position would say, well, I want to spend more time with my children than your spending and not be working so much. So it's very subjective. I do think that you can design your life, and there's a great book called design your life. You can design your life so that each of the different categories of your life, whether it's for career or your friends and family, or your social life you know, are, are fulfilled as fulfilled as you want them to be, but you have to be quite strategic about that. You, you can't just sort of sit with and let it happen. But I definitely think that that is possible.

Sally Penni:

Yes. Well, Alice, just, you mentioned books and this, I, I love asking this because I love reading and we have a women in the law book club, and so I'm always looking for new materials. And I noticed that some of the books that you say are your favorite books, for example, are Thrived by Adriana Huffington. And that Rebel Ideas by Matthew Syed, which is a book that I particularly love because it's about cognitive diversity. And so I wonder if you had an ultimate favorite book, what would it be? And why?

Alice Stephenson:

I don't think I really do. I mean, at the moment, my reading is all very focused on my MBA. I don't really have time to read much outside of my MBA. I, I think one of the books that's had the biggest impact on me was the Eckhart Tolle's The Power is Now. And that's a book that I do sort of come back to every now and again, because I find it really, really grounding. I'm not very good at meditating. I, I wish I was. I try and I fail and I try and I fail again. But it's the one, I, I guess the one thing that I wish I could really get

the hang of, I've got massive respect for people who can do that. Because I do let my brain kind of race and I get caught up in things and I get lost in my own head, but I find reading that book really useful to sort of reset me a little bit. So that would probably be the one.

Sally Penni:

Yes. And can I ask you if you've got a favorite fictional lawyer at all, whether it's television or books.

Alice Stephenson:

Yeah. <Laugh> so it is the way you laugh, Sally. So I think my favorite fictional lawyer has got to be El Woods from legally blonde because she's just hilarious. And I think, I mean, it is a terrible film. Right. But hear me out, what I, what I really like about her is that she's underestimated because she's blonde, she carries around little dogs. She doesn't look like everybody else. And everybody just writes her off as a massive joke. Yes. And, you know, throughout my career, I have always been underestimated. So she's definitely the one that I think stands out to me the most

Sally Penni:

Fantastic.

Alice Stephenson:

She doesn't fit the mold.

Sally Penni:

No. And, and often, you know, that takes me back to not even that early part in my career, but I think I was about 10 years. Cool. When I was doing a really complicated case. And this QC said to me, oh, shall we wait for your pupil master? To come before we commence this case? And it wasn't said in a complimentary way I said, oh, you'll be waiting a very long time, cuz I think he's living in Austria now. And because he just couldn't, you know, couldn't fathom that I was council opposing council on this case, nor that I was going to win that case. But but, but there we are.

So Alice, if, if people are listening and thinking, because you know, one of the side effects of lockdown has been the great resign and in our profession is this mass increase in consultancy type practices, particularly for solicitors.

Sally Penni:

What would be your tips about setting a business if you, you know, if you had just one at least setting up, is there kind of one piece of advice or two or three that you could give before jumping into it? Because you've been successful. I fear that people think, 'oh, this is easy and straightforward' and it's not really, you know, you are the CEO and founder of Stevenson law and with it will come many other concerns apart from successes. So I just wondered if, you know, if people are thinking about it now, especially women, because there are lots of different models now Ghana cooks, Constantine law, Obelisk, all these different types of working, but people ultimately want to set up their own law firms. Are there any tips or guidance that you you would offer?

Alice Stephenson:

Yeah, I mean I think, you know, starting law firms is definitely not for everybody. It, it is really, really hard work just like starting any businesses. And I think, you know, starting a law firm has an added layer

of complexity because it's a regulated business. Yes. Even just sort of, you, you can't just sort of set yourself up and start trading. You have to get yourself authorized, you have to get PI insurance. There's a whole load of hoops that you have to jump through. But you know, I, I started my business with 2000 pounds. That's all I had. And I made it work. You, you need to be able to sell. I think that's a really important skill that you have to develop to start your business. And I think people shy away from sales, but actually, you know, when you are a business owner, you're not just selling your services to clients, you're, you're selling yourself to your insurer to get insurance to the SRA, to authorize you, you are selling yourself to potential employees.

It's a really important skill that you have to master. If you're going to start a business and you can learn to sell, it's not something that you are born to do. So I think that's really important. I think I would also really think about why you want to do it. Because when things get really difficult, you kind of, you need that to come back to, you need to be able to remind yourself, 'why am I doing this'? You need to have a purpose. You need to have a reason for wanting to do this. You know, for me, it was very much about kind of challenging the status quo within the industry and building a law firm that was going to be much more inclusive and authentic. Yeah. So you need to have that reason. You need to have that purpose. And I think three is just, don't listen to the people that are gonna tell you that you can't do it because my goodness, there are so many of those out there.

Though even people who, you know, they thought about it, but they've never managed to do it or people who haven't even done that. So many people out there with zero experience will tell you that it's not possible. But it absolutely is possible. And actually recently I have launched a digital course on how to start your law firm, a law firm, where I have literally shared everything that I have learned in the last five years, starting Stephenson Law. It's a massive resource for people. It's, you know, it will talk you through all of the different, you know, the compliance, writing your business plan, doing your financial forecast, hiring a team, everything that I just had to kind of find out as I went along, I've put in this course to help people to do this. So there is more support and resources available now.

This is on my own personal website. Alice stephenson.com.

Sally Penni:

Oh, I love it. Because one of the things I wanted to ask you very quickly was just about living in Amsterdam, I've kind of skipped over it cause you're living the dream. <Laugh> how is that? You know, it's really is the, the modern way, isn't it? Because I've met some of your team, I think, at an awards recently. So I, is that a deliberate decision to leave the UK work and, and live abroad and still be able to deliver legal services to clients? Or are you kind of missing the reign of Blighty now?

Alice Stephenson:

Yeah, so it was a deliberate decision. So when COVID hit and my team at the time was relatively small, there was about 12 of us. We had a little office in Bristol, we all kind of moved out of that office and started working remotely. And it just made me realize that, you know, we can actually do this from anywhere. Our lease, our lease ran out and we decided that we were, we were just going to not have an office. And as we grew, we decided that we were going to recruit from anywhere. We weren't going to restrict ourselves to Bristol anymore. And I, and I decided, you know, I've always wanted to live in Amsterdam. My husband has as well. We think it would be a really great place to raise our children. So we decided to move over here. Within a few months we were here year and that was nearly two years ago now.

Sally Penni:

Wow.

Alice Stephenson:

And it's been great. It's been really, really great. I mean now now it's a lot easier to travel back and forth, which is nice. It, it is not easy having a, a completely remote business. It's much nicer now we can all start to get together a little bit more. I think you do need some face to face time, even if it's just socially rather than, you know, working together. And obviously we haven't been able to do that for a little while, but you know, Amsterdam's only, it's like 45 minute flight away from London City. It's, it's super easy.

Sally Penni:

<Laugh> well, it's like, you know Preston or Lancaster for where I am. I mean, even London for me when I go to work in London is just over two hours. So it is, it, it sounds absolutely amazing. Yeah.

Alice, I could talk to you all day, cause there's a whole variety of things that I want you have to come back, but can I ask you this, I guess you know, you are working mom, you've set up a very successful law firm. You're doing the course and, and MBA and I just wondered what's next. And I'm kind of wondering if a book might be <laugh> on the cards here to share - bear with me - some of this wonderful knowledge, because you know, when I came to law, I did not know anybody. I didn't have a network. And in fact I was speaking to my nephew recently, James, about the possibility of law and he was saying, I don't know anybody. And I was kind of like, 'well, it is hard'. So I just wondered what's next. And whether that might be an option for sharing, perhaps some of your wisdom, you know, you're only 40 and you have lived probably more of a life than some people. So what's next.

Alice Stephenson:

I don't really know. I, I I'm not really one for overly planning things. I really like to kind of see what opportunities present themselves. Yeah. At the moment I'm obviously very focused on growing students law and finishing my course and just enjoying living in Amsterdam. Yeah. You know, a book has definitely sort of crossed my mind, but I think at the moment, the time is not quite right. I don't have the time to really focus on that. I'm doing through my Alicestephenson.com, I'm working a bit more and more with people who want to start their own law firms or people who are running their own law firms and need some support. So I'm offering some consulting to, to fellow law firm owners. And I really love that because I really, I really like supporting people who were, where I was five years ago and when I didn't have that support. So I don't know. We'll just have to wait and see.

Sally Penni:

Wow. And, and who inspires you, Alice, to carry on? You know, some of my guests on this podcast would say with parents to God I'd probably say my children, you know, I had a <inaudible>. And I just wondered, you know, who inspires you to carry on particularly on those days when things don't go right? Or, you know you think I'm gonna lose this trial or not, or, you know, when the imposter syndrome comes in. I, I wondered if you could share that with me, you know, who inspires you?

Alice Stephenson:

Oh, definitely. My daughter, you know, she's 21 now. You know, when I look back 21 years ago where we were, we were in, I mean, it's just unrecognizable situation to the one that we are in now. And, and I'm so proud of her. She's off traveling the world, she's working with animals, she's really following her

dream. And I'm really, really proud that I'm able to support her in doing that because I'd never had that support myself from my parents or my family. So yeah, it's definitely her.

Sally Penni:

Oh, well, I'm, I'm so pleased to hear it.

Well, Alice, thank you so much for talking law with me, Sally Penni, it's been an absolute. Thank you for sharing your story with me on here, because it's really important to share it and to inspire others.

Alice Stephenson:

You're very welcome. Thank you for having me.

Sally Penni:

A big thank you to Alice Stephenson for Talking Law with me, Sally Penni

And thanks again to CBRE for supporting this episode. Do visit CBRE.com to find out more about the work that they do across the world.

If you would like to support Talking Law, then please get in touch. You can find me on twitter @sallypenni1 or search for Sally Penni MBE or Women in The Law UK on LinkedIn or Instagram.

Do make sure you catch up with previous episodes of Talking Law where you can hear my interviews with guests such as international legal expert Felicity Gerry QC and barrister Professor Leslie Thomas QC

Before I go, just a reminder to get your tickets for the Women In The Law UK annual dinner and watch my Ted Talk at Ted.com

Thanks to our production team, Sam Walker and Michael Blades at What Goes On Media. I'm Dr Sally Penni MBE, Bye for now.